

# December 2023

In person and virtual classes available!

[Click here to access the Zoom class!](#)

Meeting ID: 483 604 7709

<b>SUNDAY</b>	<b>9:30am - Zumba -- Alfred &amp; Tatiane</b> <b>10:30am - Latin Groove -- Carlos (In-Person only)</b> <b>12:30pm - 2:30pm -- Line Dance (In-Person only)</b> <b>3:30pm - 5:30pm -- Social Dance (In-Person only)</b>
<b>MONDAY</b>	<b>9:00am - Zumba -- Julia</b> <b>6:00pm - Tone it up -- Orlando</b> <b>7:00pm - Zumba -- Orlando &amp; Tatiane</b>
<b>TUESDAY</b>	<b>5:00pm - Zumba -- Crystal</b> <b>6:00pm - Cadio Kickboxing -- Alfred</b> <b>7:00pm - Zumba -- Susan &amp; Jonathan (In-person only)</b> <b>8:00pm - Body Sculpt -- Carlos</b>
<b>WEDNESDAY</b>	<b>6:00pm - Tone it up -- Orlando</b> <b>7:00pm - Zumba -- Orlando &amp; Tatiane</b>
<b>THURSDAY</b>	<b>5:00pm - Zumba -- Crystal</b> <b>6:00pm - Tone it up -- Alfred</b> <b>7:00pm - GROOV3-Hiphop (ALL LEVELS) -- Susan</b> <b>8:00pm - Latin Groove -- Carlos</b>
<b>FRIDAY</b>	<b>9:00am - Zumba -- Julia</b> <b>6:30pm - Zumba -- Cynthia</b>
<b>SATURDAY</b>	<b>9:30am - Zumba -- Susan</b> <b>10:30 am - Yoga -- Tiffany (In-Person Only)</b>

## PRICING

All Classes Are \$10 Per Class (60 minutes class)

Latin Groove & Body Sculpt - \$10 (90 minutes classes)

Please Text Tatiane (626) 327-7838 if you have any questions

*\*Please text msg 424.235.8284 for info on classes with Susan & Jonathan only\**